



Dr Amelia Oldfield
RMTh, PhD, LGSM

Le Dr Amelia Oldfield, Maître de Conférence, fut en 1994 co-fondatrice de l'enseignement de la Musicothérapie à l'Université Anglia Ruskin (Cambridge & Chelmsford-UK) .

Le Dr Amelia Oldfield témoigne d'une expérience clinique en musicothérapie depuis plus de trente ans.

En 1985, elle achève un programme de recherche en musicothérapie qu'elle a mené pendant trois années auprès d'adultes présentant des troubles du comportement et obtient grâce à ce travail son doctorat de la City University de Londres.

En 2000, un autre projet de recherche l'amène à travailler avec de jeunes enfants et leurs mères.

Cette même année sa recherche se centre essentiellement sur le soin par la musique auprès des enfants en grandes difficultés (autistes, polyhandicapés...). Ce travail se poursuit pendant quatre années et se termine par l'obtention d'un DEA en Musicothérapie.

Le Dr Amelia Oldfield publie de nombreux articles et de livres sur la musicothérapie traduits et distribués dans de nombreux pays.

Elle réalise des films sur son travail et sa recherche clinique récompensés par des prix nationaux.

Le Dr Amelia Oldfield présente régulièrement son travail lors de conférences internationales aux Etats -Unis, Canada, Belgique, France, Finlande...

Elle est reconnue aujourd'hui internationalement pour sa recherche en musicothérapie clinique et pour son engagement pour une éthique de la musicothérapie.

Anglia Ruskin University

Cambridge & Chelmsford



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Amelia Oldfield is a practising music therapist who has worked in the fields of Learning Disabilities, Child Development and Child and Family Psychiatry for the past twenty five years. She currently works at the Croft Unit for Child and Family Psychiatry and at the Child Development Centre, Addenbrookes. Since 1994, she has been a Senior Lecturer at Anglia Ruskin University, teaching on the MA Music Therapy course which she helped set up. In 1985 she completed a three-year research project on music therapy with groups of adults with severe learning difficulties and obtained an MPhil from City University, London for this work. In 2000 she completed a two-year research project on music therapy with mothers and young children. That same year she became a Music Therapy Research Fellow at Anglia Ruskin University, investigating music therapy with children with autistic spectrum disorder. This was a three-year research project funded by the Music Therapy Charity and led to a PhD in 2004.

Amelia Oldfield is co-author of the book *Pied Piper, Musical Activities to Develop Basic Skills*, published by Cambridge University Press and has published many chapters and articles on various aspects of music therapy. In 2006, she is expecting to publish two books on the interactive music therapy approach that has evolved out of her clinical practice and her PhD research (Jessica Kingsley publishers). She has made six music therapy training videos, one of which describes the music therapy training course at Anglia Ruskin University. Amelia Oldfield is fluent in French and German and has run music therapy workshops and given lectures in France, Belgium, Spain, Germany and Austria as well as presenting papers at many international music therapy conferences. Amelia Oldfield is an enthusiastic clarinet player who performs regularly with various chamber music and orchestral ensembles around Cambridge.

Music Therapy



The Music Therapy Course was set up within the Music Department in 1994 by Helen Odell-Miller and Amelia Oldfield. In addition to providing the first MA Music Therapy training in the UK, the department is continually developing as a centre for research. The original and the subsequent academic members of the department have had many years experience in clinical practice in a variety of fields, which is reflected in their publications and research interests. On this site you will find details of current and past research activities undertaken by academic staff and by students in supervised studies that form part of their MA. Included are several papers and projects which have not been published, or are difficult to locate, and which may be of interest to music therapists, researchers, employers and students. Anglia Ruskin University welcomes therapists who would like to undertake research in the department; details on how to do this can be found on the postgraduate studies pages.

Music therapy research at Anglia Ruskin incorporates several strands: formal research projects; investigative studies; writing and publication of papers and postgraduate studies.

[Research Projects](#)

Several research projects have been carried out by the academic staff, fully or partially funded by Anglia Ruskin University. These are detailed in the research pages, and some are available to view on line. There is also information about current research projects.

[Publications](#) and [Videos](#)

Staff have written extensively over many years on various aspects of their clinical practice, professional issues and research activities. Publications and videos are detailed, with information on where to find them. Some articles and papers which are not widely available can be read or downloaded on line.

[MA Dissertations](#)

The Music Therapy training course at Anglia Ruskin University includes an MA dissertation. This dissertation module can also be undertaken separately by music therapists who have already received a Postgraduate Diploma from another music therapy training. Those dissertations which have achieved the award of MA are listed in the dissertations pages, together with abstracts. Some dissertations are also available to view on line.

Selected Publications

Oldfield, A. (2007) *Interactive music therapy in child and family psychiatry - clinical practice, research and teaching*, London: Jessica Kingsley.

Oldfield, A. (2006) *Interactive music therapy, a positive approach - music therapy at a child development centre*, London: Jessica Kingsley.

Oldfield, A. and Nudds, J. (2005) '*The Croft - a unit for child and family psychiatry in Cambridge*' Training video produced by Anglia Ruskin University, available from the British Society for Music Therapy.

Oldfield, A. and Franke C. (2005) 'Improvised songs and stories in music therapy diagnostic assessments at a unit for child and family psychiatry - a music therapist's and a psychotherapist's perspective' in T. Wigram and F. Baker (eds.), *Songwriting, methods, techniques and clinical applications for music therapy clinicians, educators and students*. London: Jessica Kingsley.

Oldfield, A. (2004) *Music therapy with children on the autistic spectrum, approaches derived from clinical practice and research* PhD thesis available from Anglia Ruskin University.

Oldfield, A., Bunce, L. and Adams, M. (2003) 'An investigation into short-term music therapy with mothers and young children' *British Journal of Music Therapy*, Vol 17, No 1, pp. 26-45.

Oldfield, A. and Nudds, J. (2002) "Joshua and Barry - Music therapy with a partially sighted little boy with cerebral palsy", Winner of the Royal Television Society, East Anglia, Non-Broadcast Video of the Year (2002-2003) Award, Training video produced by Anglia Ruskin University, available from the British Society for Music Therapy.

Carter, C., and Oldfield, A. (2002) 'A music therapy group to assist clinical diagnoses in child and family psychiatry' in: A. Davies and E. Richards (eds), *Group work in music therapy*. London: Jessica Kingsley pp. 149-163.

Oldfield, A. (2001) 'Three music therapy research projects: an emerging methodology' in J. Roberts (ed.) *Music Therapy Research: growing perspectives in theory and practice*. London: BSMT Publications, pp. 34-41.

Oldfield, A. and Lucy Bunce, L. (2001) 'Mummy can play too... - short term music therapy with mothers and young children' *British Journal of Music Therapy*, Vol 15, No 1 pp.27-36.

Oldfield, A., MacDonald, R. and Nudds, J. (2000) *Music therapy for children on the autistic spectrum*. Training video produced by Anglia Ruskin University, available from the British Society for Music Therapy.

Oldfield, A. (2000) 'Music therapy as a contribution to the diagnosis made by the staff team in child and family psychiatry - an initial description of a methodology that is still emerging through clinical practice' in T. Wigram (ed), *Assessment and evaluation in the arts therapies*. Herts: Harper House Publications, pp.93-101.

Oldfield, A. (1999) 'Listening, the first step towards communicating through music' in P. Milner, and B. Carolin (eds.) *Time to listen to Children*,. London: Routledge , pp. 188-199.

Oldfield, A., Macdonald, R. and Nudds, J. (1999) *Training as a music therapist: the MA in music therapy at APU*, Commendation by the Royal Television Society, East Anglia, Non-Broadcast Video of the Year (2000-2001), Training video produced by Anglia Ruskin University, available from the British Society for Music Therapy.

Jones, A., and Oldfield, A. (1999) 'Sharing sessions with John', in J Hibben (ed). *Inside Music Therapy: Client Experiences*,. Philadelphia: Barcelona Publishers, pp. 165-171.

Oldfield, A. (1995) 'Communicating through music - the balance between following and initiating' in T. Wigram, R. West and B. Saperston, (eds.), *The art and science of music therapy: a handbook*, USA: Harwood Academic Publishers, pp. 226-237.

Conference Presentations, Keynote Addresses and Consultancy

Oldfield, A (2007) Invitation from the Association: 'Muziek & Handicap' in Belgium to give a lecture and some workshops at their Conference In Brussels.

Oldfield A (2007) Invitation from the Universitat der Kunste Berlin to take part in a Research Symposium: 'Issues in Teaching Music Therapy Research'

Oldfield A (2007) Invitation from Scottish Music Therapy Trust to run a Training Day on Interactive Music Therapy (subject covered by my two recent books)

Oldfield A (2007) Invitation from the Union of Music Teachers in Greek Education to present a key-note paper and a workshop at their 2nd Conference in Athens

Oldfield A (2007) Invitation from Alptis (Health insurance group) to be the main speaker at a conference in Montpellier

Oldfield, A (2006) Invitation to run a training day on music therapy with children with autistic spectrum disorder by the the Association of Welsh Speech Therapists, in Cardiff, Wales

Oldfield A (2006) Invitation to be a key-note speaker at a music therapy conference in Ionion University, Corfu: 'Music and Music Therapy with Children and Young People with Special Needs'

Oldfield, A. (2005) "Summary of Amelia Oldfield's Findings regarding Music Therapy with Children on the Autistic Spectrum. Consequences and Future Directions" Paper presented at Music Therapy Charity Annual General Meeting, Guildhall School of Music And Drama, London, December 2005.

Holck, U., Plahl, C. and Oldfield, A. (2004) "Video Microanalysis in Music Therapy Research, a Research Workshop" , Workshop given at the 6th European Music Therapy Conference in Jyvaskyla, Finland, 2004, and published in the proceedings of the conference.

Oldfield, A. and Holmes, J. (2004). "An Investigation into How Music Therapy Diagnostic Assessments Can Help the Psychiatric Team to Diagnose Children Suspected of Having Autistic Spectrum Disorder" paper given at the 6th European Music Therapy Conference in Jyvaskyla, 2004.

Oldfield, A. (2004) "Music Therapy with Children on the Autistic Spectrum, Approaches derived from Clinical Practice and Research", Paper given as part of the pre-conference Institute on Autistic Spectrum Disorders, at the Annual American Music Therapy Association Conference (2004), in Austin, USA, published in the Institute Conference Proceedings.

Oldfield, A. (2003) "Qualitative and Quantitative Data from Music Therapy Sessions with Pre-school Children with Autism and their Parents" Paper presented at the 4th Nordic Music Therapy Conference, Bergen, Norway (May 2003).

Oldfield, A. (2002), "The Use of Single Lined Instruments in Music Therapy", paper given at the World Music Therapy Conference held in Oxford, July 2002.

Oldfield, A. (2000) "Assessment and Short Term Music Therapy Treatment with Mothers and

Babies" paper presented at the Postnatal Depression Project Study Day, Wallace House, Edinburgh, Scotland.

Oldfield, A. (2000) "Music Therapy Research in Progress" Paper presented at the Annual British Society for Music Therapy Research Convivium, London, UK. Published in the Conference Proceedings.

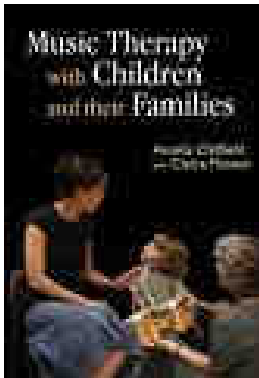
Oldfield, A. (1999) "How Music Therapy Contributes to the Diagnosis Made by the Staff Team in Child and Family Psychiatry" Poster presentation at the 9th World Music Therapy Conference in Washington, USA (November 1999).

Oldfield, A. (1997) "Music Therapy with People with Severe Learning Difficulties" Key-note presentation at the Annual Muziek Handicap Conference held at Antwerp University in Belgium (October 1997).

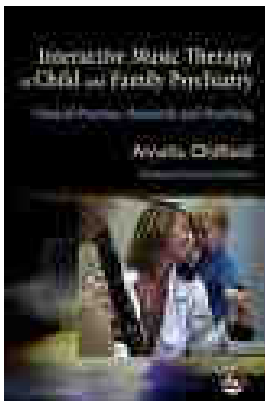
Oldfield, A. (1996) "Music Therapy with Parents and Young Children", Keynote presentation given at the 8th World Music Therapy Conference in Hamburg, Germany (July 1996).



Bibliographie



[Music Therapy with Children and their Families](#) by Vince Hesketh, Amelia Oldfield, and Claire Flower (Paperback - May 15, 2008)



[Interactive Music Therapy in Child And Family Psychiatry: Clinical Practice, Research and Teaching](#) by Amelia Oldfield and Joanne Holmes (Paperback - Sep 30, 2006)



[Interactive Music Therapy: A Positive Approach : Music Therapy at a Child Development Centre](#) by Amelia Oldfield (Paperback - Aug 30, 2006)



[Pied Piper: Musical Activities to Develop Basic Skills](#) by John Bean and Amelia Oldfield (Paperback - Jun 2001)



[LA MUSICOTHÉRAPIE INTERACTIVE](#)

Une approche nouvelle avec des enfants autistes et polyhandicapés et leur famille

d'Amelia Oldfield, traduction d'Anne Garnerie, préface de Fatima Janjua
L'harmattan Paru en 07/2012

